

The Ultimate New Mama & Baby Essentials List

Maternity Gear

- Belly Cream
- Maternity Clothes
- Maternity Undies
- Pregnancy Pillow
- Shoes (size up)

Delivery/Postpartum

- Pads
- Painkillers
- Sitz Bath Ingredients
- Soft, Loose Pants
- Stool Softener

Nursing/Feeding

- Baby Brezza Formula Pro Advanced
- Bottle/Milk Storage System
- Bottle Warmer
- Breast Pump
- Clear Fridge Organizer (for breast milk pouches)
- Baby Utensils, Plates, and Cups
- Bibs
- Burp Cloths
- Bottle Brush
- Bottle Drying Rack
- Highchair
- Nursing Bras
- Nursing Cover
- Nursing Pads
- Nursing Pillow
- Nursing Pillow Cover
- Nipple Balm
- Mesh Feeder
- Baby Food Storage System

Diapering

- Diapers
- Wipes
- Wipes Warmer
- Diaper Rash Cream
- Diaper Bag

Bath & Personal Care

- Baby Towels/Washcloths
- Bath Toys
- Bath Toy Holder
- Gas Drops
- Gripe Water
- Infant Bath Products
- Infant Bathtub
- Infant Personal Care Kit
- Infant Tylenol

Nursery

- Baby Hangers
- Baskets or other Closet Organizer System
- Bassinet or Cosleeper
- Blackout Curtains
- Bookshelf / Book System
- Changing Table
- Crib
- Crib Bedding
- Crib Mattress
- Crib Mattress Protector (waterproof)
- Diaper Pail
- Hamper
- Mobile
- Nightlight(s)
- Rocker or Glider
- Sound Machine
- Swaddling & Receiving Blankets
- Video Monitor

Clothes

- Onsies (5-8)
- Preemie outfit (1)
- Shirts/bottoms (6-8)
- Shoes (Very few)
- Sleepers (2-3)
- Sleep Sacks (2-3)
- Socks (6-8)
- Swaddlers (4-5)

Baby Gear

- Baby Gate
- Baby Swing or Rocker
- Car Seat
- Owlet
- Pacifier
- Pack-N-Play
- Stroller
- Shopping Cart Cover

Toys

- Teether
- Rattle
- Soft Cloth Books
- Stuffed Animal